

HOW CAN I TELL GOOD FROM BAD?

QUESTIONS TO ASK

- Set 1. What is the origin of the method? By whom, where, when, why?
Was it tested by independent scientists and were the results positive?
Does it have a history of occult or mystical associations?
Does its originator have a history of psychic and or Eastern mysticism beliefs?
What is the long term history of the originator?
- Set 2. What other treatment methods does it utilize or associate with?
Who uses it? Is it similar to other alternative treatment methods yet with a slight variation and with a name change?
- Set 3. Is it said to balance, unclog, infuse, or correct energy?
Does it find the power of correction or healing from inside our bodies, from self?
Where does it lead to? Do the proponents of it claim that it raises level of consciousness? Do you receive electric like shock sensations, feeling of great warmth, deep love, tingling of your body or extremities, etc.?
- Set 4. Does the treatment harmonize with known laws of science?
Does it promote known laws of health and point to God's laws of health?
Is there solid data from science testing that supports its value?
Does it have a track record of observation by qualified appraisers?
What are the critics saying about it and what are their credentials?
- Set 5. What or who receives the credit for healing?
What qualifications does the promoter or practitioner have?
- Set 6. What is the teaching of the cause of disease and how does the therapy relate to the proclaimed cause. Eastern dogma says that disease is a result of an imbalance of a cosmic force/life force/chi (and 100+ other synonyms) and therapy for such is to affect a balance of the proclaimed force. No teaching or concern for following the laws of health.
- Set 7. **DOES IT MAKE COMMON SENSE?**

Questions above were originally in *Mystical Medicine* by Warren Peters M.D.
Adopted by Biblical Research Committee of General Conference of SDA in their article *Seventh-day Adventists and the New Age Movement* (1987)
A couple questions (set 6, 7) have been added by Edwin Noyes M.D. MPH

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