Essential Oils and Aromatherapy

Essential oils and aromatherapy: The use of "essential oils and aromatherapy" dates back to ancient Egypt and was carried to India in Hinduism where it has been practiced during the past 3500 years. The word *essential* is coined from "essence" referring to the **cosmic spirit/force/chi** that the oils are proclaimed to possess and which one receives by application of the oil or inhalation of the aroma.

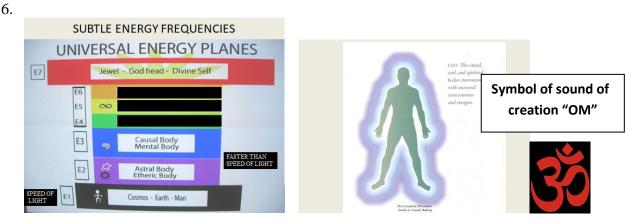
- Man searched for "secret of life" post expulsion from the Garden. Tree of Life taken away and so the power to perpetuate life was searched for in other plants. Science of Alchemy was initiated in this search for the secret of life.
- Paganism---Religion of Nature: Pagan's work with nature, respecting and worshipping such. Ancient cultures used herbs for medicine as an earth based spirituality. A Belief in a spiritual relationship between plant and man is foundational in philosophy/religions involving plant essences, essential oils, & aromatherapy
- 3. Eastern Theory of Origins: "The physical universe was created when Dual cosmic force became ONENESS and the created was in duality and we can see this duality, this yin and yang, everywhere in the universe, in every atom, every action, and in every function of the human body. Yin and yang are manifest everywhere, except at the very centre of being, the perfect point of balance, at that infinite moment when the future becomes the past."

4. Gale Encyclopedia of Occultism & Parapsychology:

"The philosophy behind aromatherapy is connected to the *Gaia Hypothesis*, which conceptualizes the earth as a living organism, seeing plants and animals together as inextricable parts of that organism....**Essential oils** are the 'quintessence' of the alchemists. In this sense, they condense the **spiritual** and the **vital forces** of the plants in material form...."

5. High Frequency Level Energy (not recognized by science)

Essential oils and aromatherapy's primary effect said to be on mind and emotions; Herbs a bridge to cosmic forces; Ayurveda -- combines herbs with meditation



- Flower Essence Preparation: Dew on the petal of a flower <u>energized</u> by <u>sunlight</u> becomes a remedy. Petals placed in water—exposed to sunlight—forms the <u>remedy</u>. Correct remedy often chosen by some form of divination. Administered by placing drops of the water on tongue. "The information guiding their usage...comes from channeled sources" *Esoteric Healing* by Douglas Baker
- "A flower essence is a liquid potentized preparation made from a flower in full bloom. The essence conveys a distinct "<u>etheric</u> <u>imprint</u> and <u>corrective</u>" from that flower for a particular human psycho-emotional condition...."
- Richard Leviton, East-West Journal of Natural Health and Living, p.49
 9. "Various <u>flower remedies</u> are also typically involved in the world of the occult. Flower remedies such as the <u>Vita Florum</u> and <u>Bach Flower Remedies</u> typically claim to operate on the **basis of cosmic forces** which permit psychic diagnosis, prognosis, and other forms of guidance." *Can You Trust Your Doctor* by Ankerberg & Weldon, p. 260
- 10. **Aromatherapy:** The art of using aromatic extracts (**essences**) from plants to promote health of body-mind-spirit.

AROMATHERAPY—BASICS: "Aromatherapy belongs to the realm of natural therapeutics. As such it is **based on certain principles** which are <u>shared by</u> acupuncture, herbal medicine, homeopathy, etc." Life Force (chi), Yin-Yang, Organic foods. (*The Art of Aromatherapy* by Robert Tisserand)

- 11. <u>Essential oil-</u>--chemicals expressed or distilled from a plant that is said to have <u>essence/life force</u>. "The essence is not the herb, but speaks for the herb, and has the same personality. It is more concentrated and <u>subtle</u> than the herb; it acts on <u>higher levels</u>, and has a more pronounced emotional effect." (The Art of Aromatherapy p. 66)
- 12. Aroma Therapy for the Soul by Worwood p. xix: "Twenty years ago in aromatherapy, there was an unwritten rule that we would not be open about the spiritual side of the essential oils we worked with. We talked about their anti-infectious qualities and their beautifying effects on the skin, or about any number of benefits to body and mind. The positive spiritual changes were recognized, but silently. It seemed far too bold to suggest light and wisdom of the universe flowed through them, their fragrance like messengers from heaven, aromatic angels that come and touch us with the positivity and love of the deity."
- **13.** Aromatherapy for the Soul: by Valerie Ann Worwood p.9

"All plants have **souls and spirits** that guard and protect the species._...Many plants also have **animal spirits attached to them**." ...Healing takes place when a person connects into the plant spirit, becoming the plant and understanding its personality. **Using spirit as the method of transference**, the plant's energy or healing properties are transmitted to the person." "...healing takes place by calling on the spirit and taking into one's mind the **spiritual essence** of the plant."

Aromatherapy: The Essential Beginning by Gary Young. of Young Living Oils. "I have found that the *intent* of the individual receiving and applying the therapy is helpful. The

essential oils, because they are derived from plants and are the very **life force** of the plant, carry an **intelligence** and a **frequency**. When you combine the electrical frequency and the intelligence of both the body and oil, a greater healing process begins." (p. 75)



38

"We have here the evidence of a universal *presence*, an intelligent *presence*, of an all-wise *presence*, an all **powerful** *presence*, a **presence** by the aid of which every atom of the universe is kept in touch with every other atom. This force that holds all things together, that is everywhere present, that thrills through-out the whole universe, that acts instantaneously through boundless space can be nothing else than God Himself. What a wonderful thought that this same God is in us and in everything." G.C. Bulletin 1897

False **Theory**—<u>God is an "essence"</u>--Already there are coming in among our people <u>spiritualistic teachings</u> that will undermine the faith of those who give heed to them. The theory that God is an "<u>essence</u>" pervading all nature, is one of Satan's most subtle devices. It misrepresents God, and is a dishonor to His greatness and majesty.

{Ev 601}

14.

(2009) General Conference Institution Manual Guide lines

 Practices without a firm evidence-base and not based on the Bible or the Spirit of Prophecy, including though not limited to <u>aromatherapy</u>, cranial sacral therapy, homeopathy, hypnotherapy, iridology, magnets, methods aligning forces of energy, pendulum diagnostics, <u>untested herbal</u> <u>remedies</u>, reflexology, repetitive colonic irrigation, "therapeutic touch," and urine therapy, should be discouraged.

(2009) General Conference Institution Manual Guide lines

 The Church is warned (Col 2:8) "Beware lest any man spoil you through philosophy and vain deceit, after the tradition of men." Because of the great controversy between good and evil, Health Ministries encourages church members to avoid practices rooted in non-Christian philosophy and belief.

(2009) General Conference Institution Manual Guide lines

- Adventist health care and ministries are to promote only those practices based upon the Bible or the Spirit of Prophecy, or <u>evidence based</u> methods of disease prevention, treatment, and health maintenance.
- "Evidence-based" means there is an accepted body of peer reviewed, statistically significant evidence that raises probability of effectiveness to a scientifically convincing level.

Website: healthandspirituality.info URL below is for a written article on subject of this paper

https://healthandspirituality.info/mystical-herbology-homeopathy/essential-oils-aromatherapy-floweressences/