

Meeting #20: Fruit of the Spirit

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Anchoring in Christ Character Activity

Homework

Classwork



Memorize 2 Timothy 1:7 (NIV) For God did not give us a spirit of timidity,

but a spirit of power, of love and of self-discipline.

Fruits of the Spirit Worksheet

Complete the Fruits of the Spirit worksheet. Completes requirements for Fruits of the Spirit #1-2,4.

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Rainbow Diffusion Activity

The Holy Spirit works in each of our lives to change us. None of us are exactly the same. Each of us has a special blessing to share with others. Use Skittles candies to create a pattern on a white plate (don't use too many). Each color stands for different Fruits of the Spirit. Red (Love & Joy), Orange (Peace & Patience), Yellow (Kindness & Goodness), Green (Faithfulness & Gentleness), and Purple (Self-control). Pour some warm water in the middle of the plate and watch the colors spread. Tell about a time that you displayed or acted out your Fruits of the Spirit.

Completes requirements for Fruits of the Spirit #6.

Suncatcher Craft	We want our hearts to 'catch' and 'reflect' the light of Jesus! Make a Fruits of the Spirit Sun Catcher. Remember open your heart to Jesus! He will come in and clean your heart and fill it with the beautiful fruits of His Spirit! Catch the SON today! <i>Completes requirements for Fruits of the Spirit #7.</i>	D
Bible Stories Role-Play	Find a story in the Bible that depicts your Fruit of the Spirit. (Your leader may have some suggestions.) Do a simple role play or charade of the story. <i>Completes requirements for Fruits of the Spirit #3</i> .	0

Fruits of the Spirit Song Learn (or make up your own) Fruits of the Spirit song. Completes requirements for Fruits of the Spirit #5.



Family Connection

OVERVIEW: Instead of shrinking back when afraid, courage means overcoming fear and doing what is right. When you know something is good and true, stand up with courage instead of hiding in fear. You never know how your boldness and bravery will inspire others to stand up for what is true, right, and just.

Courage

Definition: Overcoming fear so I can do what is right

I WILL...

- □ Know the truth.
- Get help when I am afraid.
- Do what is right.
- **Be willing to stand alone.**
- □ Help those who are bullied or abused.

Wolverines are widely known for their strength and bravery. They show no sign of fear when challenged, but stand their ground against opponents much larger in size.

CHARACTER QUIZ:

- 1. Why is courage important? _
- 2. Who can you talk to when you feel afraid? _____
- 3. Courage means: a. doing whatever you want. b. ignoring danger. c. standing for what is right. d. never being afraid.
- 4. A courageous person helps people in need: TRUE? or FALSE?
- 5. Imagine your friends are picking on someone new at school. What could you say or do?



Fruits of the Spirit

Fill in the Blanks and Memorize Galatians 5:22-23



"But the Holy Spirit produces this kind of fruit in our lives: I_____, j____,

 p_______, p______, k______,

 g_______, f______, g_____,

 and s______- c______. There is no law against these things!"

 Galatians 5:22-23 NLT

Choose one of the Fruits of the Spirit. Look up a Bible verse that explains it.

Love	1 Corinthians 13:4-8	Goodness	Jeremiah 33:9
Joy	Luke 15:10	Faithfulness	Lamentations 3:22-23
Peace	Romans 15:13	🛛 Gentleness	Galatians 6:1
Patience	Ephesians 4:2	Kindness	Acts 28:2
	Self-Control	2 Peter 1:5-7	

Draw a picture depicting your chosen Fruit of the Spirit.